

PRIMARY SCHOOL WINTER MENU 2023

Week One - Monday 9th January 2023, Monday 30th January 2023, Monday 27th February 2023, Monday 20th March 2023				
	Main One	Main Two	Served with	Dessert
Monday	Quarter Pounder Fish Fillet	Leek and Cheese Quiche V	Oven Baked Chips and Broccoli Florets	Arctic Roll
Tuesday	Beef Hot Pot	Jacket Potato with Cheese, Tuna or Baked Beans	Salad Bar Available	Sticky Ginger Cake and Cream
Wednesd	Pepperoni and Mozzarella Pizza	Meatless Marbles Vg	Potato Wedges and Spaghetti Hoops	Peach & Apple Crumble with Custard
Thursday	Roast Gammon, Yorkshire Pudding and Gravy	Jacket Potato with Cheese, Tuna or Baked Beans	Roast Potatoes and Diced Carrots	Rice Kripsie Frazzles with a Glass of Milk
Friday	Chicken Burger in a Soft Bap	Pizza Roll V	Mini Potato Hash Browns and Garden Peas	Manx Dairy Ice Cream
Week Two - Monday 16th January 2023, Monday 6th February 2023, Monday 6th March 2023, Monday 27th March 2023				
Monday	Fish Fingers	Macaroni Cheese V with Garlic Bread	Oven Baked Chips and Mushy Peas	Pancakes and Sauce
Tuesday	Chicken Tikka Curry, Rice and Naan Bread	Jacket Potato with Cheese, Tuna or Baked Beans	Salad Bar Available	Iced Victoria Sponge with Sprinkles
Wednesd	Meatballs, Pasta and a Tomato and Basil Sauce	Vegetable Pasta Bake V	Sliced Green Beans	Banana Flapjack with a Glass of Milk
Thursday	Roast Beef, Yorkshire Pudding and Gravy	Jacket Potato with Cheese, Tuna or Baked Beans	Roast Potatoes and Cauliflower Florets	Strawberry Mousse
Friday	Sausage Rolls	Tuna OR Cheese and Salad Wrap	Saute Potatoes and Sweetcorn	Chocolate Brownie
Week Three - Monday 23rd January 2023, Monday 13th February 2023, Monday 13th March 2023, Monday 3rd April 2023				
Monday	Hot Dogs	Quorn Fishless Fingers Vg	Potato Croquettes and Carrots	Caramel Slice
Tuesday	Chilli Beef Taco with Rice	Jacket Potato with Cheese, Tuna or Baked Beans	Salad Bar Available	St Clements Cake
Wednesd	Chicken and Vegetable Biryani	Vegetable Hot Pot V	Sweetcorn	Chocolate Sponge with Chocolate Custard
Thursday	Sausages, Mash, Yorkshire Pudding and Gravy	Jacket Potato with Cheese, Tuna or Baked Beans	Mixed Vegetables	Fruit Jelly and Fruit Salad
Friday	Chicken Chunks with Dipping Sauce	Cheese Pasty V	Potato Noisettes and Baked Beans	Choc Chip Cookies Vg with a Glass of Milk

Please note meals may not be served in the order printed above, our Cooks may need to change the menu at short notice, if for instance there is a problem with food deliveries or a school activity has been arranged but we will try to keep these changes to a minimum.

Fresh bread, a salad bar and a variety of fresh fruit and yoghurts is available every day.

MSC-MARINE STEWARDSHIP APPROVED AND SMART CRUMB COATED

v : suitable for vegetarians vg : suitable for vegans and vegetarians

Nutritional and Dietary Information for the above menu is available on request from Christine.Swales2@gov.im