

PRIMARY SCHOOL AUTUMN MENU 2021

<i>Week One - Monday 13th September 2021, Monday 4th October 2021, Monday 1st November 2021, Monday 22nd November 2021, Monday 13th December 2021</i>				
	Main One	Main Two	Served with	Dessert
Monday	Cod Bites (MSC)	Vegetarian Sausage Roll V	Oven Baked Chips and Garden Peas OR Salad Bar available	Angel cake
Tuesday	Sweet and Sour Chicken and Rice	Jacket Potato with Cheese, Tuna or Baked Beans V	Salad Bar available	Strawberry Mousse
Wednesday	Beef Lasagne and Garlic Bread	Supergreen Vegan Burgers VG	Herby Diced Potatoes and Broccoli Florets OR Salad Bar available	Vanilla Sponge and Custard
Thursday	Baked Ham & Gravy served with Roast Potatoes and Cauliflower	Jacket Potato with Cheese, Tuna or Baked Beans V	Salad Bar available	Fruit Jelly
Friday	Beef Burger served in a Soft Bap	Vegetable Nuggets V	Oven Baked Potato Wedges and Sweetcorn OR Salad Bar available	Flapjack Biscuit
<i>Week Two - Monday 20th September 2021, Monday 11th October 2021, Monday 8th November 2021, Monday 29th November 2021</i>				
Monday	Pollock Goujons(MSC)	Southern Fried Quorn burger V	Oven Baked Chips & Mushy Peas OR Salad Bar available	Cheese and Biscuits
Tuesday	Mild Chicken Curry served with Rice, Naan Bread	Jacket Potato with Cheese, Tuna or Baked Beans V	Salad Bar available	Chocolate Delight
Wednesday	Pepperoni Pizza	Vegan Fusion Sausages VG	Noisette Potatoes and Mixed Vegetable Medley OR Salad Bar available	Marble Cake and Custard
Thursday	Roast Turkey & Stuffing served with Gravy, Roast Potatoes, Carrot & Swede	Jacket Potato with Cheese, Tuna or Baked Beans V	Salad Bar available	Warm Waffles & Fruit Compote
Friday	Oven-baked Sausages	Quorn Fiesta Wrap V	Sauté Potatoes and Sliced Green Beans OR Salad Bar available	Wholemeal Shortbread Biscuit
<i>Week Three - Wednesday 8th September 2021, Monday 27th September 2021, Monday 18th October 2021, Monday 15th November 2021, Monday 6th December 2021</i>				
Monday	Fish Fingers (MSC)	Cheese Pasty V	Oven Baked Chips and Spaghetti Hoops OR Salad Bar available	Home-baked Oat cookies
Tuesday	Beef Bolognese served with Penne Pasta	Jacket Potato with Cheese, Tuna or Baked Beans V	Salad Bar available	Banana Surprise
Wednesday	Chicken Pie	Vegan Hotdogs served with a Soft Roll VG	Oven Baked Diced Potatoes, Peas and Sweetcorn OR Salad Bar available	Sticky Toffee Pudding and Custard
Thursday	Roast Pork served with Gravy, Roast Potatoes and Country Mixed Vegetables	Jacket Potato with Cheese, Tuna or Baked Beans V	Salad Bar available	Manx ice-cream
Friday	Chicken Chunks	Omelettes V	Mini Potato Waffles and Diced Carrots OR Salad Bar available	Belmont Slice

Please note meals may not be served in the order printed above, our Cooks may need to change the menu at short notice, if for instance there is a problem with food deliveries or a school activity has been arranged but we will try to keep these changes to a minimum.

A fresh bread selection, a salad bar and a variety of fresh fruit and yoghurts is available every day.

MSC-MARINE STEWARDSHIP APPROVED AND SMART CRUMB COATED