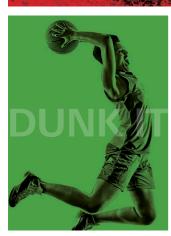
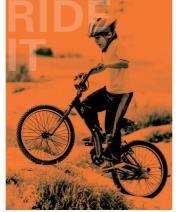
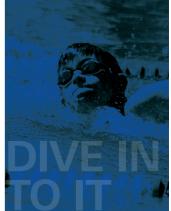
HSBC Manx Youth Games Training Programme















Together we thrive

Message from the Minister



Following a difficult year, we are pleased to welcome back the HSBC Manx Youth Games in 2021 after the challenges that we have all faced from

COVID-19, the HSBC Manx Youth Games offers young people an event to prepare for and look forward to.

Coaches, officials, volunteers and Manx Sport and Recreation are looking forward to seeing young people attend training sessions in all corners of the Island with the culmination of the big day on Saturday 15th May.

The HSBC MYG gives young people the opportunity to meet new friends, have lots of fun, enjoy being active and help learn important values such as team work, fair play and goal setting.

The Department of Education, Sport and

Culture through the Sport Development Unit works closely with all 15 sports to ensure MYG participants can continue enjoying sport by joining a local Community Sport Clubs after the Games.

I would like to thank HSBC for their continued support. On behalf of the Department, I really can't thank HSBC enough for helping to make the MYG the success that it is today.

One final note, I would also like to express my thanks to sports co-ordinators, coaches, officials, volunteers and parents without whose support and commitment the HSBC Manx Youth Games could not take place.

Hon Dr A Allinson MHK Minister for Education, Sport and Culture

Message From HSBC



HSBC is proud to continue its support of the Manx Youth Games.

Over 20 years, our partnership with the Manx Sport and Recreation team has

seen the games develop into one of the biggest annual sporting events for young people in the Isle of Man. We were hugely disappointed that the games had to be cancelled in 2020 and are delighted that this year once again our young people can benefit from this focus on sport, leading to improved physical and mental well-being.

Every year we witness a huge community effort from young people, parents, volunteers and coaches who work tirelessly to make this event happen. Each person plays their own vital role in encouraging and influencing the future sporting stars of the Isle of Man, which sees over 1,000 children take part in this fantastic sporting event. Many congratulations to all our young inspirational sporting participants – the most important thing is taking part, so just aim to be your best. Without you, this event could simply not happen.

Well done to each and every one of you!

aine

Jaime Amoedo Country Head of Corporate & Commercial Banking and Senior Manager, Isle of Man

Mission Statement

The Sports Development Team is committed to ensuring that all children regardless of age, gender, background, religion, ability or race, can participate in sport in a safe and enjoyable environment.



Aims and Objectives

- To provide sporting opportunities for the young people of the Isle of Man.
- To work in partnership with the Island's sporting governing bodies to attract new participants, identify new talent and subsequently offer clear pathways for the Island's young sporting population.
- Through enthusiastic, experienced and qualified coaches, participants will have a fun and positive sporting experience.
- All sports will adhere to a code of conduct aimed at creating a safe and positive environment for everyone involved with the games.
- Through sport, the Manx Youth Games will go some way to build confidence in young people and help improve their social and life skills.
- Above all, the Manx Youth Games will bring together young people from all regions of the Island and will establish new friendships that will last forever.

Attention Parents and Guardians

• Please ensure your child is the correct age for the session he or she is attending.

Generally children who are in year three and above when the training sessions commence can attend the sessions. However there are some exceptions. Please see the enclosed training schedules for the various sports.

- Please ensure that there is a coach present before leaving your child at a training session.
- Do not leave your child until you are satisfied with the level of supervision at the session.
- Please check the finish time of the coaching session and ensure that your child is collected on time.

Regional Training Sessions

The HSBC Manx Youth Games 2021 will consist of 15 sports. Each individual sport has tried to establish a regular training session in the regions of the Isle of Man (North, South, East and West). Please check the details below that indicate which session you should attend.

However, if there is not a session in your region, you are welcome to attend a session in a different region. Unfortunately, it may not be possible to organise sessions in particular regions due to the lack of coaches, volunteers, facilities or for other logistical reasons.

Each sport will use the HSBC Manx Youth Games as a way of developing junior participation and therefore different age groups may be targeted by each sport.

All sessions will be supervised by coaches with recognised qualifications including Safeguarding and Protecting Children and a satisfactory police or DBS check.

All training sessions will cost ± 1.00 which is to be paid to the coach on arrival at your session

Children can initially attend training sessions in two sports up until 12th March 2021. After this date each child must choose one sport to focus on and then attend ONLY the training sessions for that sport.

North

East

The Five Regional Teams

Children will be eligible by home address to represent their region in the Games. (Bride, Andreas, Jurby, Ballaugh, Maughold, Lezayre and Lonan), NORTH Red WEST Blue (Marown, Patrick, German, Peel and Michael) FAST Yellow (Douglas North and Onchan) West EAST Green (Douglas South and Braddan) Orange

HSBC MYG Training Venues – KEY

KEY: RGS = Ramsey Grammar School, CRHS = Castle Rushen High School, NSC = National Sports Centre, QEII = Queen Elizabeth II High School, BR = Bunscoil Rhumsaa, PAFC = Peel AFC Tommy Clucas Hall, HBN = Henry Bloom Noble, SJPS = St Johns Primary School, MPS = Marown Primary School, (BC) = Bowling Club, (AP) = Astro Pitch, (SC) = Squash Court, (SH) = Sports Hall



Badminton on the Isle of Man

We provide tournaments at all age groups and the opportunity to progress to Island Training Squads with the chance to represent the Island at County level. Children can start along the coaching pathway by completing the Badminton Junior Helper Award and at the age of 16yrs the Level 1 coaching course.

Play the fastest racket sport in the world

Children involved in any Island Badminton squads cannot attend these sessions. Footwear - Non marking clean trainers.

Region	Venue	Day	Time	Sch Yr
North	RGS (SH)	Mondays 25th Jan - 10th May, Excluding 22nd Feb, 29th Mar, 5th April, 3rd May 2021	6.00 - 7.00pm	4 to 6 & 7 to 9
East	NSC (SH 1&2)	Fridays 29th Jan - 14th May, Excluding 19th Feb, 2nd, 9th April 2021	5.00 - 6.00pm	4 to 6 & 7 to 9
West	QEII (SH)	Fridays 29th Jan - 14th May, Excluding 19th Feb, 2nd, 9th Apr, 14th May 2021	6.00 - 8.00pm	4 to 6 & 7 to 9

Contacts	Phone	Email	Role
Roberta Cannell	432041	robcann@manx.net	MYG Coordinator
Ewan Watterson	825711		Castletown Abbey BC
Janet Corkish	469745		Rushen Hotshots BC
Roberta Cannell	432041	robcann@manx.net	Fencibles BC
Susanne Domingo		susannedomingo@gmail.com	St Ninians BC
Davey Craine	843423		Peel BC
Steph Gardner	481063		Kirk Michael BC
George Li	430239	george.li2@virgin.net	Ramsey Junior







Basketball on the Isle of Man

Basketball is a fun, energetic and fast paced game suitable for all ages and abilities. For the younger age group games are adapted to ensure skill development is achieved through fun games and activities rather than full court 5 on 5 games.

The basketball league is played on a Thursday evening at the NSC. The night begins at 6pm with mixed junior fixtures, followed by senior mens and ladies matches at 8pm.

Region	Venue	Day	Time	Sch Yr
North	RGS (SH)	Tuesdays 26th Jan - 11th May, Excluding 16th Feb, 30th March 6th April 2021	5.30 – 6.30pm 6.30 – 7.30pm	3 to 6 7 to 10
South	CRHS (SH)	Saturdays 30th Jan - 8th May, Excluding 20th Feb, 3rd & 10th April 2021	8.30 – 9.30am	3 to 6
East	NSC (SH)	Saturdays 30th Jan - 8th May, Excluding 20th Feb, 3rd & 10th April 2021	9.30 – 10.30am 9.00 – 11.00am	7 to 10 3 to 10
West	QEII (SH)	Saturdays 30th Jan - 8th May, Excluding 20th Feb, 3rd & 10th April 2021	9.00 – 11.00am	3 to 10

Contacts	Phone	Email	Role
Brenda Smith	316503	Brendasmith@manx.net	Northern Head Coach
Trudi Crellin	462479	Trudi44@hotmail.com	Southern Head Coach
Graham Bassett	415602	graham@bassett-iom.co.uk	Western Head Coach
Rebecca Dunne	07453 520745	rebeccadunne9@hotmail.com	Eastern Head Coach
Lauren Ellison	233932	laurenellison10@manx.net	MYG Co-ordinator





Important Information for Riders

BMX racing is an exciting short circuit race of up to 8 riders riding over obstacles such as jumps and berms.

BMX bikes without stunt pegs and some mountain bikes are suitable for the training sessions. Each rider will need a helmet (ideally a full face), long sleeve jersey, bottoms or jeans and gloves. All bikes require one working brake and to be in good working order.

If you are a current member of BMX Isle Of Man you are unable to attend any MYG sessions, this is to help encourage new riders to the sports. There is no western region training session, however you can attend a session location of your choice.

North session please park at the Mooragh Park car park and meet at bottom of the start hill.

South session please park near the Castletown train station and walk to the BMX tracks.

East session park at the back of the TT Grandstand and meet at the bottom of the start hill.

Reg	gion	Venue	Day	Time	Sch Yr
Noi		Ramsey BMX course – Mooragh Park	Wednesday 28th April 2021	6.00 - 7.00pm	5 to 6
Soι	uth	Poulsom Park	Wednesday 5th May 2021	6.00 - 7.00pm	5 to 6
Eas		Nobles Park	Wednesday 21st April 2021	6.00 - 7.00pm	5 to 6

Contacts	Email	Role
Adam Henderson	a.d.henderson@hotmail.com	MYG Co-ordinator
Stephen Dillon	sadillon@hotmail.co.uk	BMX Isle of Man





Junior Cricket on the Isle of Man

Kwik cricket is a high-speed version of cricket for boys and girls where the emphasis is on participation and enjoyment. Games are played with a plastic bat and a ball. Kwik cricket forms part of the Isle of Man Cricket Association's Cric Start initiative. Cric Start consists of introductory cricket programmes for males and females of all ages to get them started on their cricketing journey. Kwik cricket is played in clubs on a Friday evening. The Isle of Man Cricket Association is committed to developing cricket for all and although the girls will train and play alongside the boys in the Manx Youth Games the IOMCA run a number of girl's only soft ball initiatives.

Region	Venue	Day		Time	Sch Yr
North	RGS (SH)	Fridays 29th Jan - 14th May, Excluding 19th Feb, 2nd, 9th April 2021		6.00 - 7.00pm	2,3&4
South	CRHS (SH)	Fridays 29th Jan - 14th May, Excluding 19th Feb, 2nd, 9th April 2021		5.00 - 6.00pm	2,3&4
East	NSC (SH) 2	Thursdays 28th Jan - 13th May, Excluding 18th Feb, 1st, 8th April 2021		5.00 - 6.00pm	2,3&4
East	SNHS Lower	Fridays 29th Jan - 14th May, Excluding 19th Feb, 2nd, 9th April 2021	, ,,		2,3&4
West	SJPS (SH)	Mondays 25th Jan - 10th May, Excluding 15th Feb, 29th March, 5th April, May 3rd 2021		6.00 - 7.00pm	2,3&4
West	MPS (SH)	Tuesdays 26th Jan - 11th May, Excluding 16th Feb, 30th March, 6th April 202	21	6.00 - 7.00pm	2, 3 & 4
Contact	S	Email	Role		
Sally Gree	en	sallygreen82@hotmail.co.uk	MYG Co-c	MYG Co-ordinator	
Greig Wri	ght	iomcricket@hotmail.com	IOM Cricket Development Officer		Officer
Colin Jack	kson	cccsec@manx.net	Castletown Cricket Club		
Phil Richa	ardson	phil13@manx.net	Cronkbourne Cricket Club		
Kevin Quine		kevin.quine@gov.im	Crosby C	ricket Club	
Janelle Cl	arke	taylorclarke2@manx.net	Finch Hill Cricket Club		
Brian Arn	old	secretary@ramseycc.com	Ramsey Cricket Club		
Peter Lew	vis	peterlewis@online.sch.im	Peel & St Johns Cricket Club		du

Come along and have a go - could you be a future Isle of Man cricketer?



Crown Green Bowls on the Isle of Man

Targeted at all children - boys and girls from years 3+, Crown Green Bowls aims to provide children of all levels of ability and experience with an opportunity to play bowls. The sessions are a fun way of getting into the sport with specially devised games such as Target Bowls, Obstacle Bowls, Bowls Golf, Ten Pin Bowls as well as the standard format and many other fun variations being used. The Isle of Man has clubs set up to continue sessions after the MYG and we are looking to form a junior league so there will be plenty of opportunities to keep playing if you get the bug!

Come along and have a go - could you be the next Manx Champion?

Region	Venue	Day	Time	Sch Yr
All	NSC Bowls Hall	Saturdays 30th Jan - 6th March, Excluding 20th Feb 2021	11.00am - 12.30pm	3 to 6 & 7 to 10
North	S Ramsey (BC)	Saturdays 13th Mar - 9th May, Excluding 11th & 18th April 2021	5.15 - 6.15pm	3 to 6 & 7 to 10
South	C'town (BC)	Saturdays 13th Mar - 9th May, Excluding 11th & 18th April 2021	11.00 - 12.00pm	3 to 6 & 7 to 10
South	PSM (BC)	Wednesdays 10th Mar - 13th May, Excluding 19th Feb, 8th & 15th April 2021	4.30 - 5.30pm	3 to 6 & 7 to 10
East	Villa (BC)	Saturdays 13th Mar - 9th May, Excluding 11th & 18th April 2021	10.30 - 11.30am	3 to 6 & 7 to 10
West	Marown (BC)	Saturdays 13th Mar - 9th May, Excluding 11th & 18th April 2021	10.30 - 11.30am	3 to 6 & 7 to 10

Please note: Bring spare shoes with you. NO outdoor shoes to be worn whilst playing.

Contacts	Phone	Email	Role
Sonya Mercer	418033	spudmeister.sm@gmail.com	MYG Co-ordinator / Lead Coach Castletown
Christine Holland	471827	christineholland2008@hotmail.co.uk	Lead Coach PSM
Phil Kelly	463933	pdkelly@manx.net	Overall Head Coach / Lead Coach West
Mervin Sayle	435609	19swerv67@gmail.com	Lead Coach East
Gill Morgan	418503	gill.morgan@manx.net	Lead Coach



Girls Football on the Isle of Man

Girls Football is an ever growing sport on the Island. For girls, there's never been a more exciting time to start playing football. Whether you're 5 years old or 16 years old there's a place for you to enjoy football and develop in a safe and fun environment.

School girls teams enter IOMFA led girls only tournaments and fun festivals throughout the academic school year. Girls can also play in mixed IOMFA led school tournaments too.

Players can play recreationally at one of our IOMFA led girls only Wildcats Centres after school too.

IOMFA local Club's run girls only and mixed football sessions within the football calendar and junior girls club teams compete in IOMFA Junior league fixtures and cup competitions.

Have fun, make friends and Play football!

Footwear - Astro shoes (outdoor) or trainers and shin pads must be worn.

Region	Venue	Day	Time	Sch Yr
North	RGS (AP)	Thursdays 28th Jan - 13th May, Excluding 18th Feb, 1st & 9th April 2021	5.00 - 6.00pm	2 to 6 & 7 to 10
South	Colby FC	Wednesdays 27th Jan - 12th May, Excluding 17th Feb, 31st March, 7th April 2021	6.00 - 7.00pm	2 to 6 & 7 to 10
East	NSC Main (SH)	Mondays 25th Jan - 10th May, Excluding 15th Feb, 29th March, 5th April, May 3rd 2021	5.00 - 6.00pm	2 to 4
East	HBN	Mondays 25th Jan - 10th May, Excluding 15th Feb, 29th March, 5th April, May 3rd 2021	6.00 - 7.00pm	5 to 6
East	HBN	Mondays 25th Jan - 10th May, Excluding 15th Feb, 29th March, 5th April, May 3rd 2021	7.00 - 8.00pm	7 to 10
West	QEII (SH)	Tuesdays 26th Jan - 11th May, Excluding 16th Feb, 30th March, 6th April 2021	6.00 - 7.00pm	2 to 10

Region	Club	Training	Contact
All	Isle of Man FA	Girls Football Development Officer	Simon Elson 309300 simon.elson@isleofmanfa.com
South	Colby Girls Juniors	Weds – 6 – 7pm - Colby FC Astro U8, U10, U12 Sat 9.30-11am - Colby FC Astro U8, U10, U12	Monika Gale 481285
East	Douglas and District Girls FC, HNB Nobles School	Mon - 6pm – 7pm – 5 - 6 yrs Mon - 7pm – 8pm – 7-14 yrs	Ric Delaney 07585871034
East	Laxey Girls AFC	Sat 10-11am Blue Astro Pitch NSC - 6-11 yrs Sat 11 – Noon Blue Astro Pitch NSC - 11-16 yrs	laxeysecmikemurley@manx.net
East	Onchan Girls Juniors	Fri 6 – 7pm - SNHS Lower School Astro-turf U8s, U10s, and U12s	Tristian Ringham 475428
East	Union Mills Girls Juniors	Sat – 11 – Noon – Union Mills FC - Garey Mooar – 6 – 10 yrs	Arron Delaney 469666
West	Peel Junior Football Club	Under 10 girls. Sunday's - PAFC - 10-11 am Training alternates each week in PAFC or QEII AP Under 12 girls. Saturday's 9-10 am Training alternates each week in PAFC or QEII AP Under 14 girls. Saturday's 9-10 am	Face Book - Peel AFC Juniors



www.isleofmanfa.com



Handball on the Isle of Man

Handball is one of the most popular sports around the world and is also an Olympic sport. Two teams of players compete by passing a ball using their hands or running and bouncing the ball, with the aim of throwing it into the other team's goal. Whoever scores the most goals wins. Handball is a high action; high speed and often high scoring game open to both boys and girls of any abilities.

It's the best sport you've never heard of!

Footwear - Non marking clean trainers.

Region	Venue	Day	Time	Sch Yr
North	RGS (SH)	Fridays 29th Jan - 14th May, Excluding 19th Feb, 2nd, 9th April 2021	5.00 - 6.00pm	5 to 6
South	CRHS Gym	Thursdays 28th Jan - 13th May, Excluding 18th Feb, 1st, 9th April 2021	5.00 - 6.00pm	5 to 6
East	Cronk-y-Berry	Wednesday 27th Jan - 12th May, Excluding 17th Feb, 31st Mar, 7th April 2021	5.00 - 6.00pm	5 to 6
East	NSC (SH) 2	Tuesdays 26th Jan - 11th May, Excluding 16th Feb, 30th March, 6th April 2021	5.00 - 6.00pm	5 to 6
West	Peel Clothworkers School (SH)	Tuesdays 26th Jan - 11th May, Excluding 16th Feb, 30th March, 6th April 2021	5.00 - 6.00pm	5 to 6

Contacts	Phone	Email	Role
Mike Jelski	214106	me@mikejelski.com	MYG Co-ordinator
Mick Hegarty	271242	mhiomhandball@gmail.com	MYG Assistant Co-ordinator



Hockey on the Isle of Man

Hockey has set up Under 11, Under 13 and Under 16's Leagues giving plenty of opportunity for youngsters to go on from MYG and join a club and improve their hockey and keep them in the sport.

Alongside our clubs and training structure on island, we also have our Isle of Man Composite Teams. These allow us to compete in England, enabling talent spotting by the England Hockey coaches with the opportunity to grow and develop in their programmes and ultimately, to represent England. If you are interested in playing just get in touch with any of the people below.

Please note: Please bring warm clothing, trainers or astro shoes, gum shield, must have shin pads and a drink. You can only attend one of the sessions that are taking place in the regions.

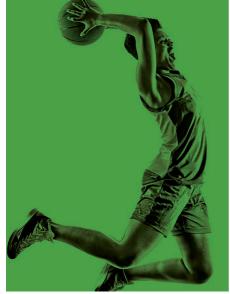
Region	Venue	Day	Time	Sch Yr
North	RGS (AP) Ramsey	Mondays 25th Jan - 10th May, Excluding 29th March, 5th April, May 3rd 2021	6.00 - 7.30pm	3 to 6
South	CRHS (AP) C'town	Thursdays 28th Jan - 13th May, Excluding 1st, 9th April 2021	6.00 - 7.00pm	3 to 6
South	KWC (AP) Saracens	Wednesdays 27th Jan - 12th May, Excluding 31st March, 7th April 2021	6.00 - 7.00pm	3 to 6
East	NSC (AP) Vikings	Tuesdays 26th Jan - 11th May, Excluding 6th April 2021	6.00 - 7.00pm	3 to 6
East	NSC (AP) Harlequins	Wednesdays 27th Jan - 12th May, Excluding 31st March, 7th April 2021	6.00 - 7.00pm	3 to 6
East	NSC (AP) Bacchas	Thursdays 28th Jan - 13th May, Excluding 1st, 9th April 2021	6.00 - 7.00pm	3 to 6
West	QEII (AP)	Wednesdays 27th Jan - 12th May, Excluding 31st March, 7th April 2021	6.00 - 7.30pm	3 to 6

Contacts	Phone	Email	Role
Denise Gimbert	475483	deemadwoman@gmail.com	MYG Co-Ordinator
Jenny Lantry	477667	manxhahdo@gmail.com	Development Officer
Vicky Leeming	305569	juniors@bacchashc.com	Bacchas Hockey Club
Hannah Leece	300136	castletownhcjuniors@gmail.com	Castletown Hockey Club
Paul Hunter	243038	ramseyhockeyclub@gmail.com	Ramsey Hockey Club
Sue Jackson	432814	jacksonsanne@hotmail.com	Harlequins Hockey Club
Maxine Lace	451444	saracensjuniors@gmail.com	Saracens Hockey Club
Craig Killey	495896	ckhockey@manx.net	Valkyrs Hockey Club
Lorraine Callow	458216	vikingsjuniors@hotmail.com	Vikings Hockey Club

REGISTRATION

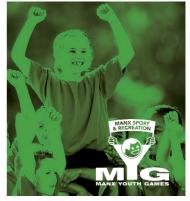
FORM **2021**

Please ensure you hand this completed form to the coach at your first session. No forms are to be returned to the Sports Development Office.









Sport 1 - Registration Form

Please ensure that you hand this completed form to the coach at your first session

Name of child				Male	Fen	nale
Address						
			Postco	ode		
Date of Birth		Age	9	School Year		
Contact No's:						
Home	Wor	k		Mob		
Email address						
Child's school						
Does your child ha	ve any medical o	conditions e.g	g. ADHD, As	thma, etc	Yes	No
Please detail	Please detail					
Does your child ha	ve a disability or	any behavio	ural problem	าร?	Yes	No
Please detail						
On the 15th May a	re you happy for	r your child to	be given su	ın cream?	Yes	No
On the 15th May c	an sports put fac	ce paint on yo	our child's fa	ace?	Yes	No
Please inform any	coaches if me	dical condition	ons change	after complet	ting th	s form.
The MYG will be photographers or photographed or	the day, by sig	ning this fo				
l declare that to th We agree to abide			bove inform	ation is true ar	nd corr	ect.
Signed				Parent / Gu	uardian	/ Carer
Please print name T Shirt Size (if sele			Da	ite		
To fit Chest Size: (please circle)	30'' 32 (7-8yrs) (9-11yr	" 34" rs) (12-13yrs)		38" 4 ((Med Adult) (Lg A	0'' dult)	44'' (XL Adult)
PLEASE NOTE: ` 2021. Included in t must be completed	his booklet are tv	vo separate re	gistration for	ms (one for eac	h sport) which

are going to attend only one sport then please ignore the other registration form.

Please ensure that you hand this completed form to the coach at your first session. No forms are to be returned to the Sports Development Office.

Sport 2 - Registration Form

Please ensure that you hand this completed form to the coach at your first session

Name of child				Male	Fen	nale
Address						
			Postco	ode		
Date of Birth		Age	9	School Year		
Contact No's:						
Home	Wor	k		Mob		
Email address						
Child's school						
Does your child ha	ve any medical o	conditions e.g	g. ADHD, As	thma, etc	Yes	No
Please detail	Please detail					
Does your child ha	ve a disability or	any behavio	ural problem	าร?	Yes	No
Please detail						
On the 15th May a	re you happy for	r your child to	be given su	ın cream?	Yes	No
On the 15th May c	an sports put fac	ce paint on yo	our child's fa	ace?	Yes	No
Please inform any	coaches if me	dical condition	ons change	after complet	ting th	s form.
The MYG will be photographers or photographed or	the day, by sig	ning this fo				
l declare that to th We agree to abide			bove inform	ation is true ar	nd corr	ect.
Signed				Parent / Gu	uardian	/ Carer
Please print name T Shirt Size (if sele			Da	ite		
To fit Chest Size: (please circle)	30'' 32 (7-8yrs) (9-11yr	" 34" rs) (12-13yrs)		38" 4 ((Med Adult) (Lg A	0'' dult)	44'' (XL Adult)
PLEASE NOTE: ` 2021. Included in t must be completed	his booklet are tv	vo separate re	gistration for	ms (one for eac	h sport) which

are going to attend only one sport then please ignore the other registration form.

Please ensure that you hand this completed form to the coach at your first session. No forms are to be returned to the Sports Development Office.



Proud to support the HSBC Manx Youth Games

Sponsored by



Together we thrive

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Netball on the Isle of Man

The Island has a number of junior netball clubs across all regions, most of which welcome players from Year 4 upwards. After previous years' success, at this year's MYG, the children will continue to play Rotating 7's. It's a great way to introduce young players to netball as they get to experience the playing of every position and it really helps with their understanding of the game. Netball is great fun and there is something for everyone.

More Passes, More Goals, More Fun!

Those children aged 8 in School Year 3 can also attend. Footwear – Non marking trainers.

Please follow our Facebook page to keep up to date – Manx Youth Games Netball IOM

Region	Venue	Day	Time	Sch Yr
North	RGS (SH)	Wednesdays 27th Jan - 12th May, Excluding 17th Feb 31st March, 7th April 2021	5.00 - 6.00pm	4 to 6
South	CRHS (SH)	Mondays 25th Jan - 10th May, Excluding 15th Feb, 29th March, 5th April, May 3rd 2021	5.00 - 6.00pm	4 to 6
East	Bemahague (SH)	Wednesdays 27th Jan - 12th May, Excluding 17th Feb 31st March, 7th April 2021	5.00 - 6.00pm	4 to 6
West	QEII (SH)	Wednesdays 27th Jan - 12th May, Excluding 17th Feb 3rd March, 31st March, 7th April 2021	5.30 - 6.30pm	4 to 6

Contacts	Phone	Email	Role/Club
Hollie McGowan	321998	operations@netball.im	MYG Co-Ordinator & East Region Lead
IOM Netball Dev. Officer	308893	development@netball.im	IOM Netball Development Officer
Simcocks Eagles	481757	simcocksnetball@gmail.com	Under 11's, U14's and Under 17's
Manx Gems	410717	manxgemsnc@gmail.com	Under 11's, Under 15's and 15+
Ramsey Netball		ramseynetball@gmail.com	Year 7 and up
Thompson Travel		thompsontravelnetballclub@ gmail.com	Under 11's and U14's
Castletown		castletownnetball@hotmail.com	Years 2-12
Route 1		route1netball@gmail.com	Under 11's and up
Ballasalla		Ballasalla.netball@gmail.com	Under 14's and Under 17's

Manx Youth Games Netball IOM



Isle of Man Squash Rackets Association

If you enjoy this great sport, squash! Don't stop playing now, after you have just got started! Join our junior Saturday club with qualified coaches at the NSC from 2pm to 3pm. It's on every Saturday apart from school holidays, all for just £2!

All abilities welcomed! Come and continue to enjoy yourself!

Footwear - Non marking clean trainers.

Patrick Fitzpatrick

Region	Venue	Day		Time	Sch Yr	
East	NSC (SC)	Sunda	ys 31st Jan - 9th May 2021		12.00 - 1.00pm	4 to 10
Contacts Phone Email Role						
Les Callow			les.c@manx.net	MYG Co-	ordinator	

Development Officer

patty97@hotmail.co.uk





Swimming on the Isle of Man

Details of the Island's four swimming clubs are available through the web site which can be found on www.iomswim.im or via the contacts below.

The Isle of Man Swimming Association's main focus is on current and future development of aquatic sport and on the development of competitive swimming on and off the island.

Isle of Man Swimming gives swimmers the chance to be the best that they can be.

Any member of the Isle of Man Swim Team who are in level 5 or level 4 may take part in training but cannot compete on the day.

Region	Venue	Day	Time	Sch Yr
North	Ramsey Swimming Pool	Wednesdays 27th Jan - 12th May, Excluding 17th Feb 31st March, 7th April 2021	7.00 - 8.00pm	4 to 10
South	Southern Swimming Pool	Saturdays 30th Jan - 8th May, Excluding 20th Feb, 3rd April, 10th April 2021	3.30 - 4.30pm	4 to 10
East	NSC Swimming Pool	Wednesdays 27th January – 12th May, Excluding 31st March, 7th April 2021	6.30 - 7.30pm	4 to 10
West	Western Swimming Pool	Fridays 29th Jan - 14th May, Excluding 19th Feb, 2nd, 9th April 2021	5.30 - 6.30pm	4 to 10

Contacts	Phone	Email	Role
Euan Macmurchie		coacheuaniom@gmail.com	MYG Swimming Co-ordinator
Rebecca Cowin	346266		Ramseian Swimming Club
Angela Katz	493049		Southern Swimming Club
Ruth Caine	478313		Douglas Swimming Club
Steph Brew	842525	peelswimmingclub@gmail.com	Peel Swimming Club
Ralph Peake		ralph.peake@gov.im	Chairman



Table Tennis on the Isle of Man

We have a healthy growth each year of teams in our Senior League and a large number of those consist of juniors who started playing in the Manx Youth Games. We run a Junior League each September to December before feeding players into regional clubs with the opportunity to play in the Senior League.

Those who wish to play in our Senior League are encouraged to play as a 'Development Team' allowing us to rotate players each week giving them exposure playing against better players – we even give the team a dedicated coach to look after them during their league games.

We coach Island squads where these juniors receive additional coaching each week as well as a number of coaching weekends that are run by one the two off Island coaches we use. We also play as a nation in International Tournaments against the likes of England, Scotland, Ireland, Wales, Guernsey and Jersey where most of the Isle of Man players are juniors who have come through the Manx Youth Games. For those simply wishing to 'have a go' there are drop in sessions on Mondays at Ballakermeen, Tuesdays at the Buchan School and at the NSC each Wednesday following the MYG day itself – see our Facebook page for details. We are always looking to attract more junior teams to the sport and if your school would like some help with this simply contact one of the people listed below.

Manx Youth Games can be just the start you need to make table tennis your sport – come and give us a try – we're sure you'll love it.

Unfortunately in 2021 there will be no Western training sessions. Players living in Western region are welcome to attend North, East and Southern sessions. On the day we will make up a Western team.

Region	Venue	Day	Time	Sch Yr
North	RGS (GYM)	Thursdays 28th Jan - 13th May,	6.30 - 7.30pm	3 to 6
North	RGS (GTIVI)	Excluding 18th Feb, 1st & 9th April 2021	7.30 - 8.30pm	7 to 10
South	Buchan (SH)	Tuesdays 26th Jan - 11th May, Excluding 16th Feb, 30th March, 6th April 2021	6.00 - 7.00pm	3 to 10
East	NSC (SH) 2	Wednesdays 27th Jan - 12th May, Excluding 17th Feb 31st March, 7th April 2021	5.30 - 6.30pm	3 to 10

Footwear - Non marking clean trainers.

Contacts	Phone	Email	Role
Malc Lewis		mlewis@manx.net	Youth Games Co-ordinator and Coach
Maggie Mulhern		maggie.mulhern@manx.net	Chair of the Association and Coach
Tim Baker		timbaker@manx.net	League Secretary and Coach



Tag Rugby on the Isle of Man

Tag rugby is available for girls and boys of all abilities in Years 2 and 3 to participate in the Manx Youth Games.



Players learn about key fundamentals, spatial awareness, organisation, support and teamwork. Tag rugby is a fun pathway which can progress to

the contact game, and we have strong links with clubs who provide fixtures on a regular basis for the players to test themselves. All our coaches are RFU qualified, and have the support from volunteers who are keen to help – many have started by doing MYG themselves many years ago!

Rugby's Core Values:

Teamwork • Respect • Enjoyment • Discipline • Sportsmanship

Coaches will notify players of any exclusion dates for the training sessions.

Region	Venue	Day	Time	Sch Yr
North	RGS (SH)	Sundays 31st Jan - 9th May 2021	12.00 -1.00pm	2 to 3
South	Ballakilley	Sundays 31st Jan - 9th May 2021	2.00 - 3.00pm	2 to 3
East	Port-e-Chee	Sundays 31st Jan - 9th May 2021	2.00 - 3.00pm	2 to 3
East	Ballafletcher	Sundays 31st Jan - 9th May 2021	1.00 - 2.00pm	2 to 3
West	Western Vikings*	Saturdays 30th Jan - 8th May 2021	10.00 - 11.00am	2 to 3

* Western Vikings training field (behind Peel Campsite)

Contacts	Email	Role
Sara Collister	collister3@hotmail.co.uk	Southern Nomads
Gareth Hinge	garethhinge@online.sch.im	Ramsey
Sharon McCarrick	vagabondsyouth@gmail.com	Vagabonds
Carl Murray	carl@douglasrufc.com	Douglas
Alex Poole-Wilson	ap-w@manx.net	Western Vikings



Isle of Man Rugby

🤰 @iomrdo



Tennis on the Isle of Man

We have four main tennis clubs on the Island at present that cater for all age groups from 5 years old to veterans. Tennis Leagues run through the summer months with Junior competitions being held every two –three months. Also, the Island County Championships are held every year for the Yellow Ball players to compete for being the Island Champion. Tennis for the younger ages are categorised in to Red Ball (aged 5 – 7 years old), Orange Ball (aged 7 – 9 years old), Green Ball (aged 9 – 11 years old) and Yellow Ball for all older players. These are due to junior physical development and that the ball weight increases as the players physically develop. All junior players participating in the MYG sessions will be playing with Red sponge ball which makes the game fun and easier to pick up, this also teaches the player how to win points by strategy rather than power. If your child is interested in participating all club information/important contact information and the MYG 2021 training sessions are below.

Region	Venue	Day	Time	Sch Yr
North	RGS (SH)	Thursdays 28th Jan - 13th May, Excluding 18th Feb, 1st, 9th April 2021	5.00 - 6.00pm	3 to 4
South	Rushen Primary School (SH)	Tuesdays 26th Jan - 12th May, Excluding 16th Feb, 30th March, 6th April 2021	6.00-7.00pm	3 to 4
East	NSC (SH)	Wednesdays 27th Jan - 12th May, Excluding 27th Feb, 31st Mar, 7th April 2021	5.00-6.00pm	3 to 4
West	SJPS	Thursdays 28th Jan - 13th May, Excluding 18th Feb, 1st, 9th April 2021	6.00 - 7.00pm	3 to 4

Come and join in the fun!!

Contacts	Email	Role
Robert Comber	iomltatdo@manx.net	Tennis Development Officer
Brian Walton	iomltachairman@manx.net	IOM LTA Chairman
Ramsey Tennis Club	iomltatdo@manx.net	
Douglas Tennis Club	coaching@douglstennis.im	
Albany Tennis Club	albanytennis@gmail.com	
Castletown Tennis Club	rkerr@btinternet.com neil_ronan@hotmail.com	



SEN Multi Sport

From March 2021 the Sports Development Team will be facilitating weekly Multi-sport sessions to ALL children with special educational needs and / or physical disabilities. These weekly sessions will be facilitated and adapted for a wide range of disabilities in a fun and fully inclusive environment.

Children can learn various key skills, techniques and activities in preparation for the Manx Youth Games on Saturday 15th May 2021. Children will have the opportunity to participate in a number of multi-sport activities including football, badminton, boccia and many more.

Region	Venue	Day	Time	Sch Yr
East	NSC (SH) 2	Mondays 8th Mar - 10th May Excluding 29th March, 5th April, 3rd May 2021	4.00 - 5.00pm	3 to 6 & 7 to 11



Contacts	Phone	Email	Role
Gareth Lloyd	688575	gareth.lloyd@gov.im	Disability Activitys Co-ordinator (children)





Safeguarding & Protecting Children

Minimum Standards for the 2021 Manx Youth Games

- All Manx Youth Games Sports must meet the following criteria. If sports can not meet the eight points detailed below, it could effect their subsequent participation in the games.
- All coaches and volunteers who facilitate Manx Youth Games training sessions must complete a "Coach Details" Form and this must be submitted to the Sports Development Unit no later than 1st December 2020.
- In order to comply with data protection, co-ordinators and coaches must NOT send group emails to children or parents. Should coaches or co-ordinators wish to communicate with participants electronically, then they should use the "Blind copy" function/setting when sending emails.
- Sports must have a minimum of two qualified coaches at each training session. In addition, where numbers are excessive, volunteers and assistants would be required. Coaches and volunteers who help at training sessions must have a satisfactory DBS check (from MSR), or provide a valid DBS Certificate from their sport (period of 3 years).
- Where possible, there should be both male and female coaches/volunteers in attendance (or female only for "girls only sports").
- All coaches and volunteers (i.e. a parent who is assisting with registration) who will come into contact with children during the Manx Youth Games and training sessions must have attended a Sports Coach UK Safeguarding and Protecting Children workshop. This workshop is valid for 3 years. Free workshops will be on offer in January 2021.
- A qualified first aider must be present at all HSBC Manx Youth Games training sessions. Free training will be on offer in January 2021.
- Where feasible and realistic sports must make every effort to be inclusive and subsequently offer children with disabilities the opportunity to take part in HSBC Manx Youth Games training sessions as well as the event itself.
- As part of each sport's junior development plan children who have attended HSBC Manx Youth Games training sessions should have the opportunity to continue in the respective sports through leagues and junior competitions following the HSBC Manx Youth Games.

Codes Of Conduct & Fair Play

Players

- · Enjoy competing
- Do your best
- Show good sportsmanship and work
- Play within the rules as part of a team
- Respect officials and the decisions they make
- Respect opponents

Coaches

- · Lead the players in playing fair
- Show respect for players
- · Respect officials and the decisions they make
- Stick to the rules
- Promote sport for the enjoyment, not just for
- Discourage rough play and cheating the winning

Parents

- Promote sports participation for the enjoyment, not just for the winning
- Teach and show respect for opponents and officials
- Congratulate your children regardless of the result
- Teach sportsmanship and the value of teamwork
- Encourage fair play and discourage cheating

Spectators

- Encourage and support all players
- Never use bad language
- Respect officials and the decisions they make
- Discourage rough play and cheating
- · Enjoy the games regardless of the result

Frequently Asked Questions

Why is Boy's Football not included in the Manx Youth Games?

There is already a development structure in place for football providing plenty of opportunities both within schools and local clubs for boys to play football, therefore there is no need for this to be included in the Manx Youth Games.

If I live in the North, can my child attend training sessions in the West?

Ideally, your child should attend the session within your region. However this is not always possible and the situation will be governed by the sport. For example, if there are currently low numbers on the session you wish to attend in the West, then this will not be a problem. However, if the Western session is over subscribed, then it will not be possible to include your child in the session.

What is the age criteria for the Manx Youth Games 2021?

Children who are in school year 2 upwards can take part in some sports in this year's event. However, please check the training programme carefully as each sport may have different age requirements.

My child would like to continue to attend training sessions in two sports after the 12th March deadline. Is this possible?

Again this depends on the sport. If the session can accommodate the child and the coaches are happy for the child to continue to attend, then this is not a problem. However, it will not be possible if the session is already full.

What if a coach does not turn up on time to a training session?

Unless there is a specific exclusion date, sessions will generally always take place. However, please do not leave your child at a session until you are happy that there is adequate coaching supervision in place.

Remember: It's not the winning... but the taking part that counts!





DEPARTMENT OF EDUCATION SPORT AND CULTURE Rhenn Ynsee, Spoyrt as Cultoor

