

PRIMARY SCHOOL AUTUMN / WINTER 2020/21

Week One - Monday 14th September, Monday 5th October, Monday 2nd November, Monday 23rd November, Monday 14th December				
	Main One	Main Two	Served with	Dessert
Monday	Cod Bites (MSC)	Vegetarian Sausage Roll V	Oven Baked Chips and Garden Peas OR Salad Bar available	Angel cake
Tuesday	Sweet and Sour Chicken and Rice	Jacket Potato with Cheese, Tuna or Baked Beans V	Salad Bar available	Strawberry Mousse
Wednesday	Beef Lasagne and Garlic Bread	Supergreen Vegan Burgers VG	Herby Diced Potatoes and Broccoli Florets OR Salad Bar available	Vanilla Sponge and Custard
Thursday	Baked Ham & Gravy served with Roast Potatoes and Cauliflower	Jacket Potato with Cheese, Tuna or Baked Beans V	Salad Bar available	Fruit Jelly
Friday	Beef Burger served in a Soft Bap	Vegetable Nuggets V	Oven Baked Potato Wedges and Sweetcorn OR Salad Bar available	Flapjack Biscuit
Week Two - Monday 21st September, Monday 12th October, Monday 9th November, Monday 30th November, Monday 21st December				
Monday	Pollock Goujons(MSC)	Southern Fried Quorn burger V	Oven Baked Chips & Mushy Peas OR Salad Bar available	Cheese and Biscuits
Tuesday	Mild Chicken Curry served with Rice, Naan Bread	Jacket Potato with Cheese, Tuna or Baked Beans V	Salad Bar available	Chocolate Delight
Wednesday	Pepperoni Pizza	Vegan Fusion Sausages VG	Noisette Potatoes and Mixed Vegetable Medley OR Salad Bar available	Marble Cake and Custard
Thursday	Roast Turkey & Stuffing served with Gravy, Roast Potatoes, Carrot & Swede	Jacket Potato with Cheese, Tuna or Baked Beans V	Salad Bar available	Warm Waffles & Fruit Compote
Friday	Oven-baked Sausages	Quorn Fiesta Wrap V	Sauté Potatoes and Sliced Green Beans OR Salad Bar available	Wholemeal Shortbread Biscuit
Week Three - Monday 28th September, Monday 19th October, Monday 16th November, Monday 7th December,				
Monday	Fish Fingers (MSC)	Cheese Pasty V	Oven Baked Chips and Spaghetti Hoops OR Salad Bar available	Home-baked Oat cookies
Tuesday	Beef Bolognese served with Penne Pasta	Jacket Potato with Cheese, Tuna or Baked Beans V	Salad Bar available	Banana Surprise
Wednesday	Chicken Pie	Vegan Hotdogs served with a Soft Roll VG	Oven Baked Diced, Peas and Sweetcorn OR Salad Bar available	Stickey Toffee Pudding and Custard
Thursday	Roast Pork served with Gravy, Roast Potatoes and Country Mixed Vegetables	Jacket Potato with Cheese, Tuna or Baked Beans V	Salad Bar available	Manx ice-cream
Friday	Chicken Chunks	Omelettes V	Mini Potato Waffles and Diced Carrots OR Salad Bar available	Belmont Slice

Please note meals may not be served in the order printed above, our Cooks may need to change the menu at short notice, if for instance there is a problem with food deliveries or a school activity has been arranged but we will try to keep these changes to a minimum.

*A fresh bread selection, a salad bar and a variety of fresh fruit and yoghurts is available every day.
MSC-MARINE STEWARDSHIP APPROVED AND SMART CRUMB COATED*