### World Book Day - Thursday, 7th March

Don't forget World Book Day tomorrow. The children (and staff!!) may come to school dressed as a book character. There will be no charge for this - it is just for fun! Children are encouraged to bring in a favourite book from home to talk about with their friends.

#### Comic Relief

We have a supply of Red Noses that can be purchased from the school office for the price of £1.25. They will be on sale from next Monday, 11th March.

### **Public Speaking Competition**

We are holding our annual public speaking competition towards the end of this term. It is for pupils in Years 3 to Year 6. Class teachers will be sending home information about this in the coming weeks.

### Healthy eating policy

Thank you to those of you who responded to our healthy eating policy consultation. The final policy is now available on the school website. We have refined our quidance on what is acceptable as a snack. The final quidance is on the opposite page. This has been discussed with the children in assemblies and the guidance is displayed in each classroom. The policy for drinks is that all children are encouraged to bring a named water bottle to school daily: these should be filled with water (not squash or fizzy drinks) and can be refilled from our water fountains. We are also working with the children to reduce single use plastic so we would encourage you to provide reusable bottles. Please remember that pupils should bring their bottle home each day to be washed and refilled. Thank you for supporting us in our drive to encourage healthy eating and look after our environment.

#### Letters

Please check your children's book bags on a regular basis for letters sent home from school. Many will require you to complete and return to school. Please do read and complete the letters carefully as it has come to my attention that a lot of reply slips are having to be returned to parents. We do appreciate that you are very busy but the information or consent requested are required to ensure that the staff has essential information or permission for your children to participate in various activities.

# Appendix 1 - Snack guidance These snacks are allowed These snacks are not allowed Fresh Fruit Crisps (high salt and fat content) Fresh vegetables Bread sticks/crackers (take care that they aren't salty)







Cheese



Rice Cakes (plain, not covered in chocolate or salt)







Cereal bars/rice krispie bars (high sugar content)







Chocolate covered raisons/ dried fruit





Bear yoyos/fruit winders (high sugar)





Peperami (high salt content)



Nuts (due to possible allergies)





Yoghurt tubes/yoghurt on a stick (often high sugar but also single use plastic).







#### Dates:

Thursday, 7th March - World Book Day (no charge)

Friday, 8th March - Wear Fair-trade Colours Day (£1 donation)

Wednesday, 13th March - Mrs Keig's Class Assembly 3.15pm in the school hall

Wednesday 20th March - Mrs Brook's Class Assembly - 3.15pm in the school hall.

Friday, 15th March - Dress down day (bring a raffle prize for the summer Fair)

Friday 15th March - Red Nose Day/Comic Relief

Tuesday, 19th March - Parents' Evening 4-7pm

Thursday, 21st March - Parents' Evening 4-5.30pm

Wednesday, 27th March - Parents' meeting for Year 6 Kingswood trip

Tuesday, 2nd April - Play in a Day (Yrs 5 & 6)

Wk beg 1st April - Public Speaking Competition (Juniors)

Friday, 5th April - Non-uniform Day (School Charity)

Friday. 5th April - Break Up for Easter

Tuesday, 23rd April - Children return to school

Rachel Ashley (March, 2019)







## Andreas School Newsletter March 2019



Fairtrade fortnight is well underway. We are a Fairtrade active school and Year 5 and 6 have been leading assemblies and running competitions. Children are encouraged to enter our Fairtrade quiz (£1 entry fee) and create posters encouraging others to buy Fairtrade. There are mystery prizes for the best ones! On Friday, 8th March we are having a dress down day where children wear Fairtrade colours (blue, black and gree). Please bring in a £1 donation that will go to the Fairtrade organisation.